



Opening a Window to Opportunity...

A Publication of the St. Paul Public Housing Agency's Resident Initiatives Department



Find out what's happening in your public housing community

Mini Science Fair Event at Wilson Hi-Rise!

Information:

The Science Museum of Minnesota and residents of the PHA will host its second mini Science Fair at Wilson Hi-Rise Community Room. Activities are for both adults and children. Everyone is welcome! Volunteers needed!

- ◆ When: Saturday, October 19, 2019 1:00 pm - 4:00 pm.
- ◆ Where: 1300 East Wilson Avenue
- ◆ Cost: FREE!
- ◆ How: Contact Beth at elizabeth.pacunas@stpha.org or 651-228-3204.

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Employment Opportunities!

Assistant Aquatics Facility Supervisor position with the City of Saint Paul

Closes on 10-09-19

Salary: \$38,272 Salary

Position Summary: Performs supervisory work, assisting with supervision of staff and monitoring of a municipal beach, a swimming pool, aquatic center, water park, and/or children's day camp.

For more information or an application, please visit <https://www.stpaul.gov/>

City Wide Resident Council News!

City Wide Resident Council

City Wide held its pilot Cultural and Wellness Celebration at Keller Regional Park on September 21.

In spite of the wet weather conditions, fifteen residents came together as a community to celebrate their diversity through food, socializing, and recreational activities.

Residents sampled food from different countries, connected with neighbors, and participated in a water balloon toss, tug-of-war, three-legged race, and

other yard games.

Participants had the opportunity to win a water bottle by participating in the SHIP Rethink Your Drink quiz.

A special thank you to the City Wide Board and PHA employee Seng Vang and her family for helping with the set-up.

Computer Lab Digital Literacy

Coming soon to the Mt. Airy Computer Lab is a six to eight session workshop on Internet basics. This program is for adults interested in developing or enhancing internet navigation

skills. Students will learn how to complete a successful internet search, how to use settings to protect privacy and identify safe websites.

Classes will start in October. An informational session will be scheduled prior to the start of the workshop; watch for informational flyers and registration materials.

For more information please contact Diane Anastos at 651-298-4929 or diane.anastos@stpha.org.



City Wide Cultural Celebration

Green Initiatives!



PHA Community Gardeners: Reminder to clean out your garden area once the season is over and place tools in the proper storage area.

Fix-It Clinics

Bring in broken items and volunteers will help you fix them for **FREE!** First come, first served. Three item limit. Not sure what to bring? Here are a few ideas:

- Blender
- Clothing
- Fan
- Flashlight
- Hair dryer
- Lamp
- Radio
- Sewing machine
- Toaster
- Vacuum cleaner

Fix-It Clinic Dates/Locations:

Saturday, October 26
10 a.m. — 1 p.m.
St. Anthony Community Center
3301 Silver Lake Rd. NE
St. Anthony, MN 55418

Saturday, November 23
10:30 a.m. — 1:30 p.m.
Ramsey County Library—
Maplewood
3025 Southlawn Dr.
Maplewood, MN 55109

Saturday, December 7
11 a.m. — 2 p.m.
Our Lady of Guadalupe
401 Concord St.
Saint Paul, MN 55107

Please note:

They cannot guarantee that every item will be fixed. You are responsible for properly disposing of non-fixable items. Not sure how to get rid of something? Call 651-633-3279.

For more information on Fix-It Clinics, please visit:
<https://www.ramseycounty.us/residents/recycling-waste/education/fix-it-clinics>

If you have any questions please contact Natalie at 651-298-5222 or Natalie.Mikkelson@stpha.org

SHIP Activities: SHIP Updates, and More!

Free Bikes 4 Kidz:

It is that time of year again for PHA families to sign up for a free bike! One bike request per family for children ages 2 to 18. Registration packets available at your management office. Bike registration closes Friday, October 11 at 12:00pm.

Are you looking for a really fun volunteer opportunity? We're in need of volunteers for bike giveaway events in December. Contact Betsy for more details!

Rethink Your Drink:

McDonough Community Center will have a new water bottle refill drinking fountain installed! Stop by the Rethink Your Drink table at the McDonough Resident Council Meeting to earn a water bottle and learn some tips to drink less sugar!

Healthy Aging & Caregivers Volunteers of America:

Free services in English, Hmong, Somali, and Oromo. Helpline: 952-945-4034

Quitplan:

Thinking about cutting back or quitting smoking? Quitplan Services at www.quitplan.com or 1-888-654-7526.

For more information, please contact Betsy at 651-298-4030



PHA residents enjoying nature and learning about water at Marydale Park.

Section 3 and Youth Connections!

Section 3:

Need to Brush Up on Your Job Skills or learn how to get along better in the workplace?

We are now accepting applications for Twin Cities RISE Skill Building Career Readiness & Interpersonal Workplace Skills Training program. Learn about the realities of the workforce today and expectations of employers in a fast-paced world.

Topics will include: 10 rules for Success, 21st Century Skills Inventory, Resumes and

Interviewing, Researching Career Opportunities, Assertiveness in the Workplace, Fear of Failure, Problem Solving, and more.

Training will take place on Tuesdays from October 15 - November 19, at 2:30PM-4:00PM in the McDonough Community Center.

Applications available at your management office or through Youa Thao. For more information contact Eliza-

beth.pacunas@stpha.org or at 651-228-3204.

Youth Connections:

Youth Gardening participants finished the season on a high note by harvesting their crops of peppers, tomatoes and green beans. Congratulations!



Science Fair Event at Roosevelt!

City Wide= Red
 SHIP= Blue
 Free Family
 Yoga= Green
 Free Movies in
 the Parks= Yel-
 low

Fitness in the
 Parks= Orange

October 19th
 Science Fair @
 Wilson Hi-Rise
 1:00 pm

October 19th
 Cooking class @
 Edgerton Hi-rise
 1:00 pm

Resident Initiatives Activities, Events, and Programs!

Mon	Tue	Wed	Thu	Fri
	1	2	3 Free Family Yoga @ Roosevelt 2:00 pm	4 Free Movies in the Park @ 6:00 pm Como Midway Picnic Pavilion
7	8 Cooking class @ Wil- son Hi-Rise 5:30 pm	9	10 Free Family Yoga @ Roosevelt 2:00 pm Fitness Zumba @ Frog- town Park and Farm 5:30 pm Cooking Class @ Iowa Hi-Rise 5:30 pm	11 Free Bikes for Kids registration closes
14	15	16	17 Free Family Yoga @ Roosevelt 2:00 pm	18
21 President Council Meeting @ 10:00 am Central Administra- tive Office	22 City Wide Resident Council Meeting @ 5:30 pm	23	24 Free Family Yoga @ Roosevelt 2:00 pm	25 McDonough Art Crawl @ McDonough Commu- nity Center 2:00 pm
28 Roosevelt Resident Council Meeting @ 5:00 pm	29 McDonough Hallow- een Party @ McDonough Commu- nity center 5:30 pm	30	31 Free Family Yoga @ Roosevelt 2:00 pm	

St. Paul Public Housing Agency's Resident Initiatives Department

If you would like to submit information on an activity or program at a PHA site for consideration in this newsletter, please email Youa Thao at youa.thao@stpha.org.

