

August 2019



Opening a Window to Opportunity...

A Publication of the St. Paul Public Housing Agency's Resident Initiatives Department



Find out what's happening in your public housing community

Youth Employment Program!

Information:

U LEAD: Young Adult Employment Program

- ◆ What: U LEAD helps young adults, ages 14-24, prepare for future careers by helping them to gain skills, confidence, and experience in the world of work. U Lead participants work with employment counselors to reach their education and employment goals.
- ◆ When: Every Wednesday, 1:30 pm - 4:30 pm.
- ◆ Where: Arlington Hills (1200 Payne Ave, Saint Paul, MN 55117).
- ◆ How: Contact 651-632-3870

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Employment Opportunities!

Communication Equipment Technician position with the City of Saint Paul

Closes on 8-12-19

Salary: \$55,457.28 Salary

Position Summary: Performs routine to complex electrical work involving electronic and communication systems equipment on a variety of mobile vehicles and stationary units.

For more information or an application, please visit <https://www.stpaul.gov/>

City Wide Resident Council News!

City Wide Resident Council

City Wide formed a Community Wellness/Cultural Initiative Planning Committee to plan an event for this fall. Details will be forthcoming.

Residents living at the four family sites are encouraged to help with planning, and if interested should contact Diane Anastos at 651-298-4929 or diane.anastos@stpha.org.

All family site residents will be invited to come together as a community to celebrate the

many cultures represented at Mt. Airy, Dunedin, McDonough, and Roosevelt family homes. Come enjoy snacks and recreational activities.

The next City Wide Council meeting is set for August 27.

New Little Free Libraries

Thanks to a partnership between the City of St. Paul VISTA program and a local technical college apprenticeship program, organizations participating in the 2018-19 VISTA program received Free Little Libraries for their cli-



entele. The libraries are free standing, mobile, and designed for indoor use. Two libraries are located at McDonough and a third is in the entry way at Mt. Airy. Shelves will be filled soon. Thank you VISTA program!



Watch for City Wide Event Details

Green Initiatives!

Come Clean Programs

Want to help keep your neighborhood clean? Anyone can participate in cleanup efforts in Saint Paul! Organize your family, community group, employee group, school or religious institution to clean up an area of Saint Paul. The Come Clean Program provides gloves and plastic bags to collect trash and recycling. You may request an area to clean or ask the City to help find an area for you. You can organize a one-time litter clean up, or adopt-a-block. If you choose to organize a one-time litter cleanup, you must maintain a reliable group of volunteers to follow through



Raised garden beds at Wilson Hi-Rise.

with litter cleanup commitments for the date and location agreed upon, and remove the trash and litter from the designated area as needed. The requirements for adopting a block include: maintaining a reliable group of volunteers, adopting the block for a minimum of two years, cleaning the block a minimum of 4 times per year, adopt all four sides of the block, including the alley if there is one, clean the public sidewalks, curbs, boulevards and storm drains, place bagged litter in your own trash container.

For more information and to apply to a Come Clean Program, please visit:

<https://www.stpaul.gov/departments/public-works/recycling-and-waste-reduction/all-programs/come-clean-programs#cleanup>

If you have any questions or need assistance applying and organizing a litter clean up, please contact Natalie Mikkelson, Green Initiatives Technician, at 651-298-5222 or Natalie.Mikkelson@stpaul.org

SHIP Activities: SHIP Updates, and More!

Allina Health Bounce Back:

Youth at Roosevelt Homes have been building friendships, learning about empathy and resilience, and promoting kindness in their community! Join us on August 24 to celebrate!

Jackson Street Community Garden Soil Remediation:

PHA staff and Ramsey County Master Gardeners are working on a soil phytoremediation project using native wildflowers to naturally clean soil for a future community garden. Join

us on August 12 to help plant wildflower seeds.

Farmers' Markets:

Many Saint Paul Farmers' Markets accept SNAP, EBT, and Market Bucks!

<https://www.stpaulfarmersmarket.com/ebt>

Smoke Free 1-year Anniversary:

Congratulations! July 30, 2019 was PHA's one year anniversary of Smoke Free Air.

Quitplan:

Thinking about quitting or cut-

ting back smoking? You can sign up for FREE Quitplan Services at www.quitplan.com or 1-888-654-7526.

For more information, please contact Betsy at 651-298-4030 betsy.christensen@stpaul.org



Ward 4 City Council member Mitra Jalali Nelson joined us for Seal Hi Rise Stop for Me Crosswalk Safety Event in July 2018.

Section 3 and Youth Connections!

Section 3:

The new partnership between the Science Museum of Minnesota and residents of the PHA kicks off with a mini Science Fair at Roosevelt Homes Community Center on Saturday, August 24, from 1 pm - 4 pm. Activities include how to make stomp rockets, slime, Lego building, water taste-testing, and more! Fun for the whole family! Everyone is welcome. Volunteers needed. Contact Beth at eliza-beth.pacunas@stpaul.org or 651-228-3204.

beth.pacunas@stpaul.org or 651-228-3204.

Youth Connections:

Free family Yoga:

Free Family Yoga and cool summer treats by Gray ducks! All ages are welcome. See calendar for details.

Summer Programming:

Free summer meals at Mt. Airy and Roosevelt for youth age 18 and under. See calendar for details.

Summer youth gardening at McDonough Homes continues through September. Topics include: plant nutrition, fertilization, insects, and pollination.

Please see calendar for details.

For more information, please contact Diane Anastos at diane.anastos@stpaul.org or 651.292.4929.



Summer Youth Gardening at McDonough Homes.

City Wide= Red
 SHIP= Blue
 Youth Connections= Purple
 Roosevelt Event= Pink
 Youth Meals= Orange
 Free Family Yoga= Green
 Green Initiatives = Yellow

Bounce Back Celebration & Science Fair Saturday. August 24 @ Roosevelt 1:00 pm - 4:00pm

Resident Initiatives Activities, Events, and Programs!

Mon	Tue	Wed	Thu	Fri
			1 Free Family Yoga @ Roosevelt 2:00 pm Youth Meals @ Roosevelt 11 am Youth Meals @ Mt. Alry Summer Youth Gardening @ McDonough 11 am	2 Youth Meals @ Roosevelt 11 am Youth Meals @ Mt. Alry 1:00 pm
5 Youth Meals @ Roosevelt 11 am Youth Meals @ Mt. Alry 1:00 pm	6 Youth Meals @ Roosevelt 11 am Youth Meals @ Mt. Alry 1:00 pm Free Family Yoga @ Mt. Alry 2:00 pm National Night Out @ DunedIn 4:00pm - 7:00 pm	7 Youth Meals @ Roosevelt 11 am Youth Meals @ Mt. Alry 1:00 pm Crosswalk Celebration @ McDonough 5:30	8 Summer Youth Gardening @ McDonough 11 am Free Family Yoga @ Roosevelt 2:00 pm Youth Meals @ Roosevelt 11 am Youth Meals @ Mt. Alry 1 pm pm Frog town Farm Community Celebration @ 4:00 pm - 7:00pm	9 Youth Meals @ Roosevelt 11 am Youth Meals @ Mt. Alry 1:00 pm
12 Youth Meals @ Roosevelt 11 am Youth Meals @ Mt. Alry 1 pm Seed Planting @ McDonough 1:00 pm - 4:00 pm	13 Youth Meals @ Roosevelt 11 am Youth Meals @ Mt. Alry 1:00 pm Free Family Yoga @ Mt. Alry 2:00 pm Stop for Me Crosswalk @ Iowa 4:30pm	14 Youth Meals @ Roosevelt 11 am Youth Meals @ Mt. Alry 1:00 pm	15 Youth Meals @ Roosevelt 11 am Youth Meals @ Mt. Alry 1:00 pm Free Family Yoga @ Roosevelt 2:00 pm	16 Youth Meals @ Roosevelt 11 am Youth Meals @ Mt. Alry 1:00 pm
19 Youth Meals at Roosevelt 11 am Youth Meals at Mt. Alry 1:00 pm	20 Youth Meals @ Roosevelt 11 am Youth Meals @ Mt. Alry 1:00 pm Free Family Yoga @ Mt. Alry 2:00 pm	21 Youth Meals @ Roosevelt 11 am Youth Meals @ Mt. Alry 1:00 pm	22 Youth Meals @ Roosevelt 11 am Youth Meals @ Mt. Alry 1:00 pm Free Family Yoga @ Roosevelt 2:00 pm Summer Youth Gardening @ McDonough 11 am	23 Youth Meals @ Roosevelt 11 am Youth Meals @ Mt. Alry 1:00 pm
26	27 City Wide Meeting @ Mt. Alry Community Center	28	29	30

St. Paul Public Housing Agency's Resident Initiatives Department

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If you would like to submit information on an activity or program at a PHA site for consideration in this newsletter, please email Youa Thao at youa.thao@stpha.org.

